Metformin up-regulated miR-107 expression and enhanced the inhibitory effect of miR-107 on gastric cancer growth

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Abstract: Gastric cancer (GC) is one of the most common malignant neoplasms and is the third leading cause of cancer-related death around the world. Metformin has been well reported to have an inhibitory effect on the growth of various cancers by regulating the expression of microRNAs (miRNAs). However, the specific miRNA(s) regulated by metformin in GC have not been identified. In this study, real-time reverse transcription polymerase chain reaction (RT-PCR) analysis in vitro indicated that miR-107 expression was up-regulated in metformin-treated SGC-7901 cells compared with untreated SGC-7901 and MGC803 cells. Amplification of miR-107 further reduced cell proliferation in metformin-treated GC cells. A bioinformatics analysis showed that mitogen-activated protein kinase 8 (MAPK8) was the common target of metformin and miR-107. MAPK8 expression is associated with immune cell infiltration in GC as well as overall GC patient survival. Our study demonstrates that miR-107 enhances the anti-cancer effects of metformin in GC tissues, which offers a novel strategy for the treatment of GC.

Keywords: Gastric cancer (GC); metformin; miR-107; bioinformatics analysis; survival outcomes; proliferation

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Introduction

Gastric cancer (GC) is the fifth most commonly diagnosed cancer and the third leading cause of cancer-related death worldwide, after lung and colorectal cancers (1). The pathogenesis of GC is a complex, multifactorial process involving epigenetic alterations as well as tumor gene mutations (2). Although the prognosis for individuals diagnosed with GC has improved with advances in treatment strategies, the overall patient survival rate is still very poor (3). Metformin is a widely used biguanide hypoglycemic agent that has been reported to decrease the risk of GC cancer progression (4). Previous studies have demonstrated that long-term metformin treatment in GC patients results in significantly improved disease-free survival and overall survival (OS) rates (4,5).

MicroRNAs (miRNAs) are a class of small non-coding RNAs that play a vital role in various physiological and pathological processes by negatively regulating the stability or translational efficiency of their target mRNAs (6). Abnormal miRNA expression level has been observed in a variety of diseases, particularly in cancer. It has been shown that deregulation of miRNAs can lead to the progression and development of cancer, and can also be used to predict therapeutic response in cancer patients (7,8). MiR-107, which is found on chromosome 10, has an anti-oncogenic role and its expression is suppressed in multiple cancers including colorectal, breast, lung, and GCs (9-12). A previous study demonstrated that miR-107 over-expression inhibited proliferation and metastasis of GC cells, and that
low miR-107 expression level may serve as an effective biomarker for predicting poor disease prognosis in GC patients (13).

Recent evidence shows that metformin exerts its anti-cancer effects through regulation of miRNAs (14-16). However, little is known about the effects of metformin on miR-107 in GC. In this study, we aimed to determine the effect of metformin treatment on miR-107 expression in GC and explore a novel, miR-107-driven molecular mechanism of metformin action in GC.

**Methods**

**Chemicals and reagents**

3-(4,5)-dimethylthiahiazole (-z-y1)-3,5-di-phenytetrazoliumromide (MTT), dimethyl sulfoxide (DMSO), streptomycin, penicillin, anhydrous alcohol, crystal violet, and Hoechst 33258 were purchased from Sigma-Aldrich (St. Louis, MO, USA). Fetal bovine serum (FBS) and RPMI-1640 medium were purchased from HyClone (Logan, UT, USA) and Hangzhou Sijiqing Biological Engineering Materials Co., Ltd. (Hangzhou, China), respectively. Mimic-miR-107 and mimic-NC were obtained from Genechem (Shanghai, China).

**Cell culture**

The SGC-7901 and MGC803 cells were purchased from the China Center for Type Culture Collection (Wuhan, China) and cultured in (R0883, Sigma-Aldrich) (10% FBS, 100 U/mL streptomycin (15140122, Thermo Fisher Scientific) at 37 °C in a humidified atmosphere containing 5% CO₂.

**Data collection**

The gene chip dataset (GSE30289) was obtained from the NCBI GEO database (https://www.ncbi.nlm.nih.gov/geo/), as described as previously (17). A custom microarray platform was used to analyze the expression levels of 985 human miRNAs in untreated and metformin-treated GC samples.

**Tissue RNA extraction**

The tissue was ground in liquid nitrogen and 1 mL of TRIzol (10296010, Thermo Fisher Scientific) was added for every 50–100 mg of tissue. Homogenization was performed with a homogenizer. Chloroform (0.2 mL) (496189, Sigma-Aldrich) was added to the TRIzol (1 mL), shaken vigorously for 15 s, and allowed to rest for 5 min at room temperature. The samples were centrifuged at 10,000 g for 15 min at 4 °C. The aqueous phase was transferred to a new 1.5 mL Eppendorf tube and an equal volume of isopropanol (34863, Sigma-aldrich) was added. The RNA pellets were washed by adding at least 1 mL of 75% ethanol (459844, Sigma-aldrich) for every 1 mL of TRIzol and were centrifuged at 7,500 g for no more than 5 min at 4 °C.

**Quantitative real-time PCR and bioinformatics analysis**

The analysis of miR-107 expression in different kinds of cancer in OncomiR (http://www.oncomir.org/) and the real-time qRT-PCR process were performed as previously reported (18,19). The specific miRNA primers were synthesized by Sangon Biotech (Shanghai, China). The primers for MAPK8 miRNA were 5'-TCTCTGGTCAAGTCAATGGTATG-3' and 5'-GACAATCAGCATCACAGTTCAC-3'. The primers for miR-107 were 5'-GCCCTGTACAATGCTGCT-3' and 5'-CAGTGCAGGGTCCGAGGTAT-3'. The primers for U6 were 5'-CTCCTGTAGCTACACATTTTCT-3' and 5'-ACGCTTAGCTACACATTTTCTGTC-3'. The following protocol was used: 95 °C for 3 min, followed by 39 cycles of 95 °C for 10 s, followed by 60 °C for 30 s. The relative expression level of miR-107 was normalized to that of internal control U6 by using the 2⁻ΔΔCt cycle threshold method.

**MTT assay**

SGC-7901 and MGC803 cells were seeded at a density of 1x10⁵ cells/mL on 96-well culture plates (3690, Corning, NYC, USA) with RPMI-1640 medium. Following incubation for 24 h at 37 °C, the cells were transfected with miR-107 mimics and treated with 20 mmol/L metformin (D150959-5G, Sigma-aldrich) for 24, 48, 72, or 96 h. Subsequently, 5 mg/mL MTT (10 µL) was added to each well and cells were cultured at 37 °C for 3 h. Then, DMSO (150 µL) (34869, Sigma-aldrich) was added to each well and the optical density was read at 490 nm using a microplate reader (Bio-Rad Laboratories, Inc., Hercules, CA, USA).
**Colony formation assays**
SGC-7901 and MC803 cells were seeded at $1 \times 10^5$ cells/well in a 6-well plate (657160, Corning, NYK, USA). After transfection with miR107 mimics, cells were treated with 20 mmol/L metformin for 72 h. After an additional 48 h of culture, cells were fixed in anhydrous alcohol (459844, Sigma-aldrich) for 15 min and stained with 0.1% crystal violet (29288, Sigma-aldrich) for 10 min. Finally, cells were washed three times using 0.05 mol/L phosphate buffered saline (PBS) (D8537, Sigma-aldrich) before being photographed and counted.

**Immunoblotting**
MNK28 and SGC-7901 cells were harvested. For immunoblotting, cells were lysed by RIPA buffer (P0013C, Beyotime) and centrifugated at 10,000 g for 10 min. Then extracted proteins were resolved by SDS-PAGE. The protein blots were incubated with appropriate antibodies and protein bands were visualized by ECL or ECLPLUS (Amersham, Piscataway, NJ, USA). The antibodies were used as follows: MAPK8 (#9252, Cell Signaling Technology, Boston, MA, USA), anti-Tubulin (#T8203, Sigma-Aldrich, St Louis, MO, USA). GeneGnome HR system (Syngene, Cambridge, UK) was used for blots scanned.

**Construction of gene regulatory network**
The publicly available databases transcriptome-wide microRNA target prediction (miRcode, http://www.mircode.org/) and TargetScan (http://www.targetscan.org/) were used to predict the target of miR-107. Cytoscape software was used to construct the regulatory network for metformin. Additionally, Venn (http://bioinfogp.cnb.csic.es/tools/venny/index.html) was used to verify the common targets of miR-107 and metformin. Targetscan (http://www.targetscan.org/vert_7/) was used to predict the position of miR-107 binding to MAPK8.

**Survival analysis**
OS was calculated using a Kaplan-Meier (KM) curve. KM Plotter (http://kmplot.com/analysis/index.php?p=background) was used to evaluate the impact of 54,675 genes on the survival time of cancer patients. A total of 10,188 cancer samples were analyzed in KM Plotter, including 1,648 ovarian, 4,142 breast, 1,065 GC, and 2,437 lung sample microarray expression profiles. In this study, we analyzed the effect of miR-596 (high vs. low expression) on OS of GC patients, with a log rank P-value and the hazard ratio (HR) using 95% confidence intervals (CI).

Kaplan-Meier Plotter online database was used to evaluate the prognostic value of miR-107 [high (n=229) vs. Low (n=202) expression] and MAPK8 [high (n=298) vs. Low (n=587) expression] in GC patients as previously reported (20). The hazard ratio (HR) with 95% confidence intervals (CI) and logrank P value were calculated and shown on the KM survival plot.

**Statistical analysis**
Statistical analyses were carried out using SPSS 19.0 software (IBM, Armonk, NY, USA). Comparison of differences between groups was completed using Student's t tests, and all data were presented as mean ± SD. A P value of less than 0.05 was considered to be statistically significant.

**Results**
**Metformin increases miR-107 expression in GC**
To explore which miRNA is regulated by metformin in the treatment of GC, we analyzed the miRNA microarray dataset (GSE30289) from the publicly available gene expression omnibus (GEO) database. In this study, a miRNA expression absolute fold change >2 and FDR value <0.01 was considered to be different. As shown in Figure 1A, a total of 34 miRNAs were identified, among which the expression level of miR-107 showed the most significant difference between untreated (control) and metformin-treated GC tissues. We then analyzed expression levels of miR-596 in GC tissues, as well as corresponding noncancerous mucosal tissues from the same patient (n=10 patients, Table 1), and found that the expression of miR-107 was lower in GC tissues when compared to corresponding noncancerous mucosal tissues (Figure 1B).

We further examined miR-107 expression after treatment with metformin in several GC cell lines, including SGC-7901, MGC803, MNK28, and AGS, and found the expression of miR-107 to be highest in SGC-7901 and MGC803 (Figure 1C). Moreover, an RT-PCR assay was performed to validate miR-107 expression in SGC-7901 and MGC803 cells treated with metformin for 24, 48, 72, and 96 h compared to untreated (control) cells. As shown in Figure 1D, the expression of miR-107 was significantly
upregulated with prolonged metformin treatment (P<0.05). These results suggest that metformin promotes the transcription of miR-107 in GC.

Metformin and miR-107 inhibit proliferation and invasion of SGC-7901 cells

To investigate the effect of combined miR-107 expression and metformin treatment on the progression of GC, we transfected miR-107 mimics into metformin-treated SGC-7901 cells and performed gain-of-function assays in vitro. While SGC-7901 cell proliferation was only slightly decreased after transfection with a miR-107 mimic, combined treatment with a miR-107 mimic and metformin significantly decreased cell proliferation when compared to cells transfected with the NC mimic (P<0.05, Figure 2A). Similar results were obtained from colony formation assays and MTT assays in MGC803 cells (Figure 2B).

Bioinformatics analysis of regulatory network of miR-107 and metformin in GC

We performed further bioinformatics analyses to construct the gene regulatory network for metformin and miR-107.

Figure 1 Metformin enhances miR-107 expression in GC. (A) Heatmap of the differential expression of miRNA in metformin from 14 untreated and metformin-treated tumor samples. Ascending normalized expression level is colored from green to red. (B) The expression levels of miR-107 in in GC tissues and in corresponding noncancerous mucosal tissues from each patient. (C) RT-PCR analysis of miR-107 expression relative to control U6+ expression in SGC-7901, MGC803, MNK28, and AGS cells treated with or without 20 mg/mL metformin. (D) RT-PCR analysis of miR-107 expression relative to control U6+ expression in MGC803 and SGC-7901 cells treated with or without 20 mg/mL metformin for 24, 48, 72, and 96 h. Each column represents the mean ± SD from three repeats. *, P<0.05. GC, gastric cancer.
The targets of metformin and miR-107 were predicted by miRcode and TargetScan, and were then analyzed by Cytoscape software. We identified 50 metformin-mRNA regulatory relationships and 23 miR-107-mRNA regulatory relationships (Figure 3A,B). Moreover, Venn analysis showed a total of four genes that were predicted to be targeted by miR-107 and metformin simultaneously: caspase-3 precursor (CASP3), MAPK8, vascular endothelial growth factor (VEGFA) and ribosomal protein S6 kinase (RPS6KB1; Figure 3C). Based on these findings, we analyzed the Gene Expression Profiling Interactive Analysis (GEPIA) database and found that MAPK8 expression was markedly elevated in primary GC tissues compared to normal tissues (Figure 3D).

miR-107 down regulates the expression of MAPK8

To analyze MAPK8 mRNA expression, an RT-PCR assay was performed. After combined treatment with a miR-107 mimic and metformin, MAPK8 mRNA expression was significantly decreased in in SGC-7901 and MGC803 cells when compared with the control group (P<0.05; Figure 4A,B). Next, GEPIA was used to analyze the binding position of miR-107 on MAPK8. As shown in Figure 4B, miR-107 is predicted to bind to MAPK8 at 427-433 bp (Figure 4C). MAPK8 protein levels were slightly down-regulated after combined treatment with a miR-107 mimic and metformin (Figure 4D). Thus, these results indicate that MAPK8 acts as a target for miR-107 and metformin.

Target genes were bound up with survival of GC patients

On the basis of the public Kaplan-Meier Plotter database, miR-107 and the MAPK8 were analyzed to verify their association with GC patient prognosis. As shown in Figure 5, patients with low expression of miR-107 had a significantly shorter survival probability (miR-107, P=0.047; Figure 5A). Conversely, patients with low expression of MAPK8 had significantly higher survival rates (P=3.2e-0.6; Figure 5B).

Discussion

Metformin has been the first choice for the treatment for type 2 diabetes since 1957, due in part to its low price and rare incidence of side effects. Numerous studies have reported that clinical usage of metformin is associated with a reduced GC risk (4,21). Sekino et al. showed that metformin suppresses cell proliferation and peritoneal metastasis in GC, and that the anti-tumor effect of metformin is enhanced in low-glucose conditions (22). Previous studies have also demonstrated that metformin achieves its anti-proliferative and anti-metastatic effects by mediating the expression of different miRNAs in multiple cancers, including breast, colorectal, cervical, and prostate cancers (15,16,23,24). However, there have only been a few relevant studies exploring this in GC. In the present study, we use bioinformatics analyses and qRT-PCR assays to demonstrate, for the first time, that metformin significantly increases miR-107 expression in the SGC-7901 GC.

### Table 1 Clinicopathological characteristics of patients with GC

<table>
<thead>
<tr>
<th>Patient</th>
<th>Age (years)</th>
<th>Gender</th>
<th>Pathology</th>
<th>Tumor diameter (cm³)</th>
<th>Lymph node metastasis</th>
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<tbody>
<tr>
<td>Patient 1</td>
<td>59</td>
<td>Male</td>
<td>Adenocarcinoma</td>
<td>Chemo-therapy</td>
<td>No</td>
</tr>
<tr>
<td>Patient 2</td>
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<td>Male</td>
<td>Adenocarcinoma</td>
<td>3.7x3.5x1</td>
<td>Yes</td>
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<tr>
<td>Patient 3</td>
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<td>Male</td>
<td>Adenocarcinoma</td>
<td>3x2.7x0.6</td>
<td>Yes</td>
</tr>
<tr>
<td>Patient 4</td>
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<td>Male</td>
<td>Adenocarcinoma</td>
<td>4.5x3.5x1.5</td>
<td>No</td>
</tr>
<tr>
<td>Patient 5</td>
<td>47</td>
<td>Male</td>
<td>Adenocarcinoma</td>
<td>8x7x2</td>
<td>Yes</td>
</tr>
<tr>
<td>Patient 6</td>
<td>71</td>
<td>Male</td>
<td>Adenocarcinoma</td>
<td>4x2.5x1</td>
<td>No</td>
</tr>
<tr>
<td>Patient 7</td>
<td>78</td>
<td>Male</td>
<td>Adenocarcinoma</td>
<td>Chemo-therapy</td>
<td>Yes</td>
</tr>
<tr>
<td>Patient 8</td>
<td>60</td>
<td>Female</td>
<td>Adenocarcinoma</td>
<td>4x3.5x2</td>
<td>No</td>
</tr>
<tr>
<td>Patient 9</td>
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<td>Male</td>
<td>Adenocarcinoma</td>
<td>4x3.5x1</td>
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</tr>
<tr>
<td>Patient 10</td>
<td>75</td>
<td>Female</td>
<td>Adenocarcinoma</td>
<td>4.5x4x1.5</td>
<td>Yes</td>
</tr>
</tbody>
</table>

GC, gastric cancer.
Previous studies have reported that nearly half of human miRNA genes are located in a tumor-associated mutation region, and aberrant miRNA expression may be strongly linked to the pathogenesis of various malignant tumors (25,26). MiR-107 has been shown to play a tumor-suppressive role by inhibiting tumor growth and invasion as well as inducing apoptosis and cell cycle arrest. Moreover, miR-107 expression is down-regulated in GC (9,27,28). Consistent with these previous reports, our study also found that miR-107 expression is significantly decreased in GC. Additionally, we found that an increased miR-107 expression combined with metformin treatment can further restrain the proliferative and invasive capacities of GC cells.

As the results of the bioinformatics analysis showed, CASP3, MAPK8, VEGFA, and RPS6KB1 were identified to be common target genes for miR-107 and metformin. These genes are also closely associated with infiltrating levels of CD8+ T cells and CD4+ T cells, as well as survival of GC patients. CASP3 is well described to be an important execution-phase caspase that is involved in cancer occurrence and progression (29). CASP3 was also reported to be a tumor suppressor in GC and its expression is correlated with a favorable prognosis in GC patients (30). In addition, MAPK8 is a member of the MAPK kinase family and is involved in many biological processes, including cell

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**Figure 2** High expression of miR-107 and metformin inhibits the viability of SGC-7901 cells. (A) Representative images of colony formation assays in SGC-7901 cells transfected with miR-107 mimics and treated with 1.0 mmol/L metformin for 48 h. Following transfection with miR-107 mimics and metformin treatment for 24, 48, 72, or 96 h, viability of SGC-7901 cells was analyzed using an MTT assay. (B) Representative images of colony formation assays in MGC803 cells transfected with miR-107 mimics and treated with 1.0 mmol/L metformin for 48 h. Following transfection with miR-107 mimics and metformin treatment for 24, 48, 72, or 96 h, viability of MGC803 cells was analyzed using an MTT assay. *, P<0.05; **, P<0.01.
proliferation, differentiation, and transcription. Growing evidence has demonstrated that MAPK8 plays a crucial role in many cancers, including GC (31,32). VEGFA is as a member of the vascular endothelial growth factor family and is implicated in many cancer types; VEGFA tends to be up-regulated in cancer and is significantly correlated with tumor angiogenesis and metastasis (33). RPS6KB1 is reported to be an evolutionarily conserved serine/threonine kinase, and its alteration has the potential to be an important driver of tumor initiation and progression (34,35). However, more experiments, particularly in vivo studies, are necessary to elucidate further details about combined miR-107 and metformin treatment in GC.

**Conclusions**

Our results are the first to show that metformin observably enhances miR-107 expression and further strengthens the anti-proliferative and anti-metastatic role of miR-107 in GC. These results offer a novel therapeutic strategy of combined miR-107 and metformin treatment for GC patients.
Figure 4 Metformin and miR-107 down-regulated MAPK8 expression. (A,B) RT-PCR analysis of MAPK8 mRNA expression relative to a control U6 mRNA expression in SGC-7901 and MGC803 cells treated with a miR-107 mimic and metformin. Each column represents the mean ± SD from three repeats. The relative level in control cells was arbitrarily designated as 1. (C) Prediction of the target position of miR-107 in MAPK8. (D) Metformin and miR-107 slightly down-regulated MAPK8 protein expression. *, P<0.05.

Figure 5 Association between target genes and GC patient survival (n=876). The effect of (A) miR-107 and (B) MAPK8 expression on survival probability for GC patients using the Kaplan-Meier Plotter. GC, gastric cancer.
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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This study was approved by Ethical Committee of Zhejiang Cancer Hospital.

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