



# MET overexpression coexisting with *epidermal growth factor receptor* mutation influence clinical efficacy of EGFR-tyrosine kinase inhibitors in lung adenocarcinoma patients

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**Background:** MET overexpression in non-small cell lung cancer (NSCLC) is known to be associated with unfavorable survival. We investigated the MET overexpression in epidermal growth factor receptor (EGFR)-mutated NSCLC and further to observe its value to the efficacy of patients treated with epidermal growth factor receptor-tyrosine kinase inhibitors (EGFR-TKIs).

**Methods:** Consecutive lung adenocarcinoma patients were screened by immunohistochemistry (IHC) for the presence of MET overexpression with concurrent *EGFR* mutation from January 2013 to July 2015. MET positivity was defined as strong staining intensity (grade 3+) in >50% tumor cells with moderate staining (2+). EGFR mutations were confirmed by amplification refractory mutation system (ARMS). Progression-free survival (PFS) and overall survival (OS) were evaluated by Kaplan-Meier method and compared with log-rank tests.

**Results:** Among 167 EGFR-TKIs-treated patients, the frequency of MET overexpression was 34.1% (57/167). No difference in MET overexpression was observed among *EGFR* mutation type, age, gender or smoking status. The median PFS of all patients was 10.8 months and the objective response was 68.9%. Significant difference in response rate existed between MET positive and negative patients (73.6% vs. 59.6%,  $P=0.06$ ). And a shorter PFS was observed for EGFR-TKIs treatment in MET-positive group than MET-negative group (10.9 vs. 10.6 months,  $P=0.027$ ).

**Conclusions:** Concurrent MET overexpression occurred in approximately 30% *EGFR*-mutant patients. MET overexpression was associated with an inferior efficacy of EGFR-TKI.

**Keywords:** Non-small cell lung cancer (NSCLC); epidermal growth factor receptor (EGFR); MET overexpression; efficacy

Submitted Jul 31, 2016. Accepted for publication Jan 13, 2017.

doi: 10.21037/tcr.2017.03.49

View this article at: <http://dx.doi.org/10.21037/tcr.2017.03.49>

## Introduction

Lung cancer is the leading cause of cancer-related mortality in China (1,2). Epidermal growth factor receptor (EGFR) and anaplastic lymphoma kinase (ALK) represent two most frequent targets in lung adenocarcinoma. Inhibitors targeting these two genes (erlotinib, gefitinib & afatinib for *EGFR* mutation; crizotinib & ceritinib for ALK rearrangements) have demonstrated promising clinical efficacies (3-6). Other genes, such as *ROS1* and *MET* mutations, also benefited from targeted therapy (6-8).

Although most EGFR-mutant patients showed an excellent efficacy for epidermal growth factor receptor-tyrosine kinase inhibitors (EGFR-TKIs) while 10–20% patients were non-responsive to EGFR-TKIs. T790M mutation and MET overexpression contributed to secondary resistance to EGFR-TKIs (7-12). Primary resistance is another challenge in clinical practice. Coexisting genetic alterations in cancer-driving genes were known to be associated with primary resistance for EGFR-TKIs (13,14). However, most studies focused on concurrent ALK and EGFR mutations (15,16). Other genes, such as MET overexpression and HER2 amplification were not well-known. Several studies demonstrated that around 20–50% NSCLC patients harbored MET overexpression (11). However, the frequency of concurrent EGFR and MET overexpression and the role of MET overexpression have remained unknown in EGFR-TKIs-treated *EGFR*-mutant patients. Additionally, it was previously shown that patients with MET overexpression had an inferior survival. However, its role has remained controversial in EGFR-mutant patients.

Here we evaluated the prevalence of MET overexpression and explored its efficacy for EGFR-TKIs in EGFR-mutant lung adenocarcinoma patients.

## Methods

### Patient selection

From January 2013 to July 2015, a total of 1,215 patients received *EGFR* mutation screening at Zhejiang Cancer Hospital. All *EGFR* mutations were confirmed by ARMS method (Amoy, Xiamen, China). Primary objective was to evaluate the impact of MET overexpression with concurrent *EGFR* mutation on the efficacy of EGFR-TKIs. And secondary objectives included frequency of concurrent MET overexpression in EGFR-mutant samples, overall survival (OS) and objective response rate

(ORR), etc. Inclusion criteria included histologically-confirmed advanced stage, lung adenocarcinoma and a minimal age of 18 years. All EGFR-mutant patients received first-generation EGFR-TKIs. Those dying non-related with lung cancer were excluded. A total of 167 lung adenocarcinoma patients had sufficient samples for immunohistochemistry (IHC) for MET. The present study was approved by the Review Board of Zhejiang Cancer Hospital (IRB-2015-049).

### MET IHC

IHC staining for MET overexpression was performed on 5  $\mu$ m-thick FFPE tissue samples. Monoclonal MET primary antibody (Cell Signaling Technology, Danvers, MA, USA) was diluted with a factor of 1:500. Intensity score was defined as: 0= negative, 1= weak, 2= moderate or 3= strong positive. And the fraction of positive cells per intensity was estimated as a percentage. Four MET diagnostic subgroups were defined as: 3+ ( $\geq 50\%$  of tumor cells stained with strong intensity); 2+ ( $\geq 50\%$  of tumor cells with moderate or higher staining but  $< 50\%$  with strong intensity); 1+ ( $\geq 50\%$  of tumor cells with weak or higher staining but  $< 50\%$  with moderate or higher intensity); or 0 (no staining or  $< 50\%$  tumor cells with any intensity). MET positivity was defined as a score of 2+ or 3+. IHC findings were analyzed by two independent specialists. IHC assay of MET overexpression was performed as previously described (15).

### Efficacy evaluation

Tumor evaluations were performed every 8 weeks or earlier if there were significant signs of progression. And objective tumor responses were evaluated according to the scheme of Response Evaluation Criteria in Solid Tumors (RECIST 1.1).

### Statistical analyses and follow-ups

Survival analysis was conducted with Kaplan-Meier method and intra-group differences were compared by log-rank test. Progression-free survival (PFS) of EGFR-TKI was defined as time from initiating EGFR-TKI therapy to documented progression or mortality from any cause. Statistical analysis was performed with SPSS 16 software (Chicago, IL, USA).  $P < 0.05$  was judged as statistical significance. And the last follow-up time was February 1, 2016.

**Table 1** Clinical characteristics between single *EGFR* mutation and MET/*EGFR* alteration patients

Characteristics	Single <i>EGFR</i> mutation (n=110)	MET/ <i>EGFR</i> co-existing alteration (n=57)	P
Gender			0.64
Male	64	31	
Female	46	26	
Age			0.22
<60	52	38	
≥60	58	29	
Smoking status			0.34
Never	57	34	
Former/current	53	23	
Stage at EGFR-TKI treatment			0.31
IIIB	2	0	
IV	108	57	
<i>EGFR</i> mutation type			0.89
Exon 19 deletion + exon 21 L858R	101	52	
Other types	9	5	
Performance score at EGFR-TKI treatment			1.0
0–1	81	42	
2	29	15	
Line of EGFR-TKIs therapy			0.57
First-line	21	13	
Second or further-line	89	44	
EGFR-TKIs type			0.87
Erlotinib	9	5	
Gefitinib	21	9	
Icotinib	80	43	

EGFR, epidermal growth factor receptor; EGFR-TKIs, epidermal growth factor receptor-tyrosine kinase inhibitors.

## Results

### Patient characteristics

Among 167 EGFR-mutant patients, there were 95 males and 72 females with a median age of 59 years. All patients were conformed as having the histology of adenocarcinoma. There were 76 prior or current smokers and 91 non-smokers. Their clinical characteristics were summarized in *Table 1*.

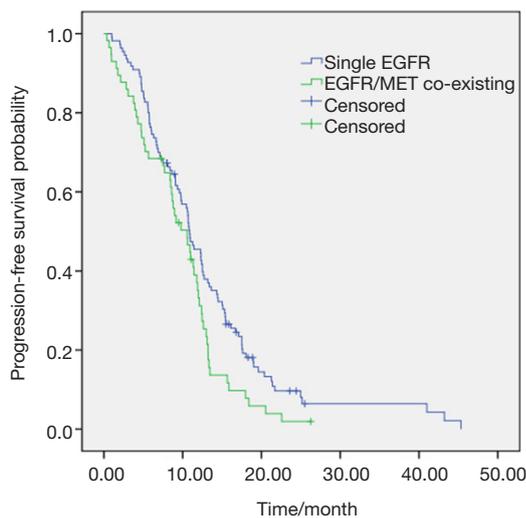
### *MET* overexpression

Among them, the mutations included deletion in exon 19 (n=81), L858R in exon 21 (n=72) and others (n=14). Fifty-seven samples were identified as MET positivity, including MET (3+) (n=19) and MET (2+) (n=38). No association existed between age, smoking, gender or EGFR mutation type. The clinical characteristics were compared between MET-positive and negative patients (*Table 1*).

**Table 2** Clinical efficacy comparison of EGFR-TKI in single *EGFR* mutation and concurrent gene alterations

Best response	Single <i>EGFR</i> mutation (n=110)	MET/ <i>EGFR</i> alterations (n=57)	P
CR	0 (0.0%)	0 (0.0%)	–
PR	81 (73.6%)	34 (59.6%)	–
SD	17 (15.5%)	8 (14.1%)	–
PD	9 (8.2%)	15 (26.3%)	–
ORR	73.6%	59.6%	0.0600
DCR	91.8%	73.7%	0.0015
Median PFS (month)	10.9	10.6	0.0270
Median OS (month)	21.0	17.0	0.0780

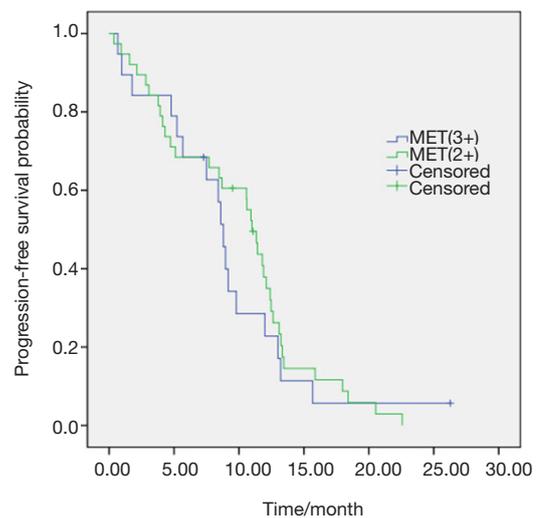
EGFR, epidermal growth factor receptor; EGFR-TKIs, epidermal growth factor receptor-tyrosine kinase inhibitors; PFS, progression-free survival; OS, overall survival.



**Figure 1** Comparison of progression-free survival (PFS) between single *epidermal growth factor receptor* (*EGFR*) mutation and EGFR/MET (+) patients (P=0.027).

### Efficacy and survival outcomes

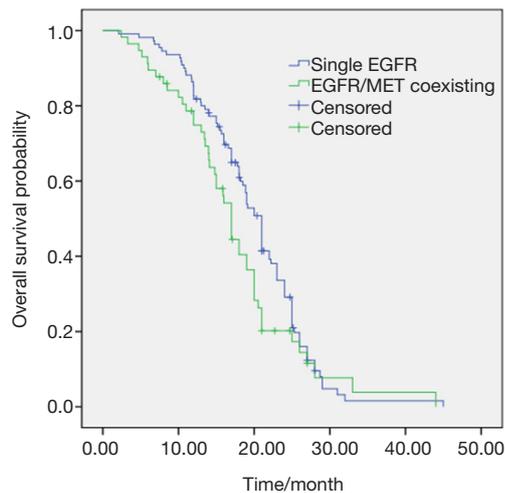
The response rate and disease control rate were 68.9% and 83.8% respectively. Among them, 81 patients with single EGFR mutation showed partial responses (73.6%) and stable disease (15.5%). And 9 patients had progressive disease. The response rate was 73.6% and disease control rate 91.8%. In EGFR/MET (+) patients, the response and disease control rates were 59.6% and 73.7% respectively. The efficacies of single EGFR-mutant and MET/



**Figure 2** Comparison of progression-free survival (PFS) between MET (2+) and MET (3+) patients (P=0.582).

EGFR (+) group were compared (Table 2).

The median PFS was 10.8 months (95% CI, 9.7–11.9). And the values of PFS were 10.9 months (95% CI, 9.4–12.4) and 10.6 months (95% CI, 8.0–13.1) in single EGFR mutation and EGFR/MET (+) groups respectively (P=0.027) (Figure 1). No significant differences in PFS existed between patients with MET (2+) and MET (3+) (11.0 vs. 8.8 months, P=0.582) (Figure 2). There was a trend of higher ORR in patients with single EGFR mutations than that of EGFR/MET (+) alterations (73.6% vs. 59.6%, P=0.06). And a higher disease control rate was observed in single EGFR



**Figure 3** Comparison of overall survival (OS) between *single epidermal growth factor receptor (EGFR)* mutation and EGFR/MET (+) patients ( $P=0.078$ ).

mutation patients than that of EGFR/MET (+) alterations (91.8% vs. 73.7%,  $P=0.0015$ ).

Sixty-seven (60.9%) and 38 (66.7%) patients received further chemotherapy in single EGFR and EGFR/MET (+) patients respectively. No other treatment type was observed in two groups. The median OS was 19.0 months (95% CI, 17.7–20.5). The values of OS were 21.0 and 17.0 months in single EGFR mutation and EGFR/MET (+) group respectively ( $P=0.078$ ) (Figure 3).

## Discussion

Our results demonstrated the frequency of MET overexpression in EGFR-mutant lung adenocarcinoma was 34.1%. EGFR-mutant patients with MET overexpression had a significantly shorter PFS and lower response rate for EGFR-TKIs.

With regards to MET pathway, previous studies focused mostly on amplification and exon mutation since both amplification and exon mutation might be targeted by inhibitors (15,16). As demonstrated by previous studies, the frequency of MET amplification was different between EGFR-TKI-naïve and EGFR-TKI-resistant NSCLC patients. The frequency of MET amplification was 2–3% in EGFR-TKI-naïve samples versus 5–20% in EGFR-TKI-resistant counterparts. As reported in the literature, the frequency of MET overexpression ranged from 20% to 50% (11,17). Antibodies, IHC techniques and evaluation

criteria for MET positivity might contribute to frequency discrepancy between different studies (11). Furthermore cut-off values for high MET overexpression might also yield divergent results. In the present study, intensity score method was employed for evaluations. However, the “gold” method of evaluating MET expression must be validated by future multi-center studies.

With concurrent T790M mutation, MET overexpression induced acquired resistance of EGFR-TKIs. The percentages of MET/T790M (+) patients was 6.8% (14/207) and a combined use of EGFR-TKI and MET inhibitor showed a better efficacy in Gou *et al.* Study (18). Approximately 60–70% patients harboring EGFR mutation were responsive EGFR-TKIs and the range of PFS was 10 to 13 months (2–4). However, around 20% EGFR-mutant patients did not respond well to EGFR-TKIs. And this phenomenon was termed as primary resistance. Coexisting genetic alterations in cancer-driving genes, i.e., KRAS mutations, PTEN loss and BIM polymorphisms, were associated with primary resistance for EGFR-TKIs (19). The role of MET overexpression is currently ill-defined in non-EGFR-TKIs-treated patients. In the present study, concurrent MET and EGFR mutations could lower the clinical efficacy of EGFR-TKIs. Thus MET overexpression may be a factor of primary resistance.

There are some controversies of MET overexpression as a prognostic factor in NSCLC. As compared with MET (–) counterparts, there was a trend of unfavorable OS for MET (+) patients. Positive MET overexpression was an independent unfavorable prognostic factor in EGFR wild-type patients, but not in EGFR-mutant ones (20). Thus MET overexpression might play diverse roles in NSCLC harboring different gene alterations. In the present study, only a trend of OS difference existed between MET positive and negative patients. It was probably due to an imbalance of treatment options after ineffective EGFR-TKIs. And the prognostic value of MET expression should be further validated with future larger series.

There were some inherent limitations. The most prominent shortfall of our study lied in its small sample size and retrospective nature. Secondly, only one antibody and method were used for evaluating MET overexpression so that biases were inevitable. However, our findings are clinically relevant for EGFR-TKIs.

The coexistence of MET overexpression and EGFR mutation might influence the efficacy of EGFR-TKI. Prior to initiating EGFR-TKIs, the status of MET expression should be routinely detected. And future prospective studies

with larger sample sizes are required for elucidating the clinical value of MET overexpression in EGFR-mutant patients.

### Acknowledgements

None.

### Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

*Ethical Statement:* The present study was approved by the Review Board of Zhejiang Cancer Hospital (IRB-2015-049) and written informed consent was obtained from all patients.

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**Cite this article as:** Ma L, Song Z, Song Y, Zhang Y. MET overexpression coexisting with *epidermal growth factor receptor* mutation influence clinical efficacy of EGFR-tyrosine kinase inhibitors in lung adenocarcinoma patients. Transl Cancer Res 2017;6(2):409-415. doi: 10.21037/tcr.2017.03.49