A recurrent giant retroperitoneal myxoid liposarcoma: a case report and literature review

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Abstract: Retroperitoneal liposarcoma (RPLS) is a very rare type of tumor, accounting for less than 1% of all malignancies, especially the “large retroperitoneal liposarcoma” (GRPLS) of more than 20 kg (kilograms). Herein, we describe the treatment experience in a case of recurrent GRPLS. A 70-year-old woman was admitted with an enlarged abdomen, and computed tomography (CT) showed a large, low-density, homogeneous retroperitoneal mass (40×37×26 cm). In laparotomy, this 55×40×20 cm liposarcoma was completely removed and pathologically diagnosed as low-grade myxoid liposarcoma. The patient did not receive any adjuvant therapy, and CT showed no evidence of recurrence during follow-up.

Keywords: Retroperitoneal liposarcoma; giant liposarcoma; myxoid liposarcoma; recurrence.

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Introduction

Liposarcoma is one of the most common primary retroperitoneal malignancies, accounting for approximately 10% of all soft tissue sarcomas. Due to the lack of significant anatomical space in the retroperitoneal cavity, these tumors typically grow to a large size and involve adjacent structures. Pathologically, retroperitoneal liposarcoma (RPLS) is currently classified into four types based on morphological features and cytogenetic aberrations, which are well-differentiated, dedifferentiated, pleomorphic, and mucin-like/round cells. Low-grade liposarcoma (well-differentiated and myxoid) has a high local recurrence rate but a low metastatic rate. Modern imaging techniques are critical for diagnosis, type, stage, and follow-up. At present, the most important treatment for liposarcoma is still complete resection, and the effect of adjuvant therapy is controversial.

Case presentation

A 70-year-old woman was admitted with a complaint of abdominal enlargement after nine months of RPLS resection. She complained of nausea, vomiting, and a weight gain of 5 kg. In the past three years, she had undergone four RPLS resections (September 2014, May 2015, October 2016, December 2016). She did not receive any adjuvant radiotherapy or chemotherapy after each operation. The physical examination revealed a large, soft, amorphous mass that extended down from the xiphoid to the pelvis, with a circumference of 93 cm and severe edema in the lower extremities. Laboratory findings and tumor markers were within the normal range. Computed tomography revealed a large amount of homogeneous retroperitoneal fat density extending down the subhepatic region to the pelvic cavity, moving the intraperitoneal structure to the left side of the
abdomen (Figure 1).

In laparotomy, a giant amorphous and jelly mass was found that filled the abdominal cavity. After surgical exploration, the huge mass could be separated from two parts (abdominal part and pelvic part). We resected both masses completely. Meanwhile, another smaller mass was found and resected; all the above masses arose from the retroperitoneal space. Tumors measuring 55×40×20 cm were removed and weighed 28 kg (Figure 2).

The postoperative pathological report indicated myxoid liposarcoma. Immunohistochemical staining showed that this tumor was negative for STAT60, CD99, MDM2, SMA, and desmin, but positive for CDK4, CD34, Bcl-2, and S-100. The patient was treated without any adjuvant therapy, experienced no postoperative complications, and was discharged 1 week after surgery. The patient presented no evidence of recurrence during follow-up by CT.

**Discussion**

Liposarcoma is the most frequent type of adult sarcoma, accounting for approximately 15% of soft-tissue sarcomas. Liposarcoma originates from multipotential mesenchymal cells, which are usually present in the lower extremities, and the retroperitoneum, inguinal, or paratesticular regions (1,2).

Regarding the special localization, liposarcomas of retroperitoneal origin tend to form tumors of occasionally massive size. Retroperitoneal liposarcoma generally has
an early silent growth period until the mass develops sufficiently to press against the circumferential architecture and often the surrounding structures, as a result of the flexibility of the peritoneum. Abdominal enlargement may be a unique symptom (3). Modern imaging techniques (CT, MRI) are essential during the preoperative stage for a complete and detailed study of the neoplasm, and are also critical during follow-up (4). CT or MRI scanning can show the shape, internal components, margins, and surrounding tissues. Different subtypes of retroperitoneal liposarcoma exhibit varying imaging features, and CT or MRI is an ideal method for diagnosing retroperitoneal liposarcoma. It has been assumed that, based on the high soft-tissue resolution, CT or MRI can discover and discern different subtypes of this tumor (2,3,5). The differential diagnosis of retroperitoneal liposarcomas includes tumors with fatty components, such as renal angioleiomyolipoma, adrenal myelolipoma retroperitoneal lipoma, and teratoma (6).

For pathology, retroperitoneal liposarcoma is currently classified into four types: well-differentiated, dedifferentiated, myxoid/round cell, and pleomorphic (7). However, a minority of cases (5% to 10%) show a combination of two or three components (so-called mixed-type liposarcoma). Well-differentiated liposarcoma is the most common histological subtype, followed by myxoid liposarcoma (8). Low-grade liposarcoma (well-differentiated and myxoid) is unique and has a high rate of local recurrence but a low rate of distant recurrence. It is typically locally aggressive and has a tendency to recur after surgical excision even if no tumors have been initially resected with free margins. Low-grade liposarcoma also does not metastasize and very rarely dedifferentiates (9,10). In our case, considering the high rate of local recurrence, we advised the patient to take adjuvant radiotherapy or chemotherapy; however, the patient refused. It has been increasingly important to regularly complete the follow-up.

The principle treatment for liposarcoma is complete resection. It is generally agreed that the most important factor influencing survival outcome of RPLS is the surgeon's skill in resecting the tumor completely (11). In our reviewed cases, just one case did not have complete resection (R2) and was the only death that occurred during the follow-up time. In addition, tumor histology, negative margins after surgery, metastases, and tumor size are independently associated with disease-specific survival, patients with decreased local recurrence rate after adjuvant therapies (12), and patients with local recurrence having lower survival rates (9).

We were also first to review the cases reported in the literature published in PubMed regarding giant RPLS (weight over 20 kg) in the last 10 years. The clinical data are summarized in Table 1 (13-24). We found that only there are only 12 cases reported. There were 7 males (58.3%),
4 females (33.3%) and one case had no available gender data, with a median age of 55.6 years (39–72 years). Among these 12 cases with a median weight of 32.25 years (22–46 years) kilograms, 7 cases (58.3%) are heavier than ours. In our reviewed cases, there are 6 cases (50%) of well-differentiated liposarcoma, 3 cases of (25%) dedifferentiated liposarcoma, 2 (16.7%) cases of mix-type liposarcoma, and 1 case of myxoid liposarcoma. The unique myxoid liposarcoma is a 63-year-old female, who underwent adjuvant chemotherapy after complete surgical resection. We found that there was no evidence of recurrence or death after surgery fir 2 years. Furthermore, in the 12 cases, only Amir's case did not have complete resection (R2 resection), and this patient died after 6 months. We recommend that surgical resection still be the first choice in the liposarcoma therapy.

Conclusions

We here report a case of a recurrent giant retroperitoneal myxoid liposarcoma in a 70-year-old female who was admitted with a complaint of an emergent abdominal enlargement. Computed tomography showed a large retroperitoneal mass from the subhepatic area down to the pelvic cavity. After laparotomy, the masses measured 55×40×20 cm and weighed 28 kg. Postoperative pathological report showed myxoid retroperitoneal liposarcoma. Considering myxoid liposarcoma has a high rate of local recurrence but a low rate of distant metastasis, postoperative radiotherapy may improve local control. However, there was no adjuvant therapy in our case, and this may induce a bad prognosis, although we have advised the patient to take adjuvant therapy. A long-term follow-up examination is absolutely necessary as well.

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Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi.org/10.21037/tcr.2019.10.20). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient for publication of this case report and any accompanying images.

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