MicroRNA-643 promotes proliferation and inhibits apoptosis of papillary thyroid carcinoma by down-regulating the cytochrome P450 family member 11B1

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Background: Thyroid cancer is the most common malignant tumor in endocrine system. Papillary thyroid carcinoma (PTC), accounting for 60–70% of all thyroid cancer cases, is the most common type of thyroid cancer. Nowadays, the treatments for PTC are limited and the prognosis is poor. Exploring the underlying mechanism of PTC development and finding evidence for molecular targeted therapy have always been urgent problems. The purpose of the current study is to investigate the clinical value of microRNA (miR)-643, and its related mechanism regulating PTC proliferation and apoptosis by regulating cytochrome P450 family member 11b1 (CYP11B1).

Methods: Forty-two confirmed human PTC tissue specimens, corresponding adjacent normal thyroid tissue specimens, and serum samples were collected from September 2018 to April 2019. The transfected cell lines were divided into four groups: control group, empty group, si-miR-643 group, and si-miR-643 + si-CYP11B1 group. Real-time quantitative PCR (qRT-PCR) was used to detect the relative expression of miR-643 and CYP11B1 mRNA. The expression of CYP11B1 protein was detected by Western blot (WB). Cell proliferation was detected by cell counting kit-8 (CCK-8) and colony formation assay. Cell apoptosis was detected by flow cytometry. The dual-luciferase reporter gene assay was used to verify the targeting relationship between miR-643 and CYP11B1.

Results: Compared to adjacent non-tumor tissues, miR-643 expression in PTC tissues was significantly up-regulated (P=0.019). Pearson correlation analysis showed that miR-643 level in serum was significantly correlated with that in PTC tissue (r_{Pearson}=0.546, P<0.001). MiR-643 expressions in both PTC tissue and serum were significantly associated with tumor size and histological grading (P<0.05). Patients with larger diameter tumors or moderate-poorly differentiated tumors were more likely to have higher miR-643 expression levels in both PTC tissue and serum. CYP11B1 was indicated to be an important downstream molecule of miR-643 by the results of online bioinformatics prediction software Targetscan and the luciferase reporter gene assay. Compared with the control group and empty group, the apoptotic ability of cells in si-miR-643 group increased significantly (P<0.05), while cell proliferation in si-miR-643 group was inhibited significantly (P<0.05). Further research showed that small interference RNA (siRNA)-mediated miR-643 silencing induced a notable reduction of antigen Ki67 (ki-67) expression and a dramatic elevation of CYP11B1, BCL2-associated X protein (Bax) and caspase-3 expressions in TPC-1 cells in comparison with that in the control group and empty group, while CYP11B1 knockdown markedly reversed the above phenomenon.

Conclusions: MiR-643 can promote the proliferation of TPC-1 cells and inhibit its apoptosis through regulating CYP11B1.
Introduction

Thyroid cancer is the most common malignant tumor in endocrine system, accounting for one-third of all head and neck cancers (1,2). In recent years, the incidence of thyroid cancer has continued to rise. According to the 2018 Global Cancer Statistics Report, 567,233 new cases of thyroid cancer are expected to be diagnosed in 2018, and 41,071 cases of thyroid cancer death (3). Thyroid cancer mainly originates from cells of different origins in the thyroid gland and is divided into four pathological types, namely papillary carcinoma, follicular carcinoma, undifferentiated carcinoma and medullary carcinoma (4). Great variability has been observed among different pathological types (4). The most common type is papillary thyroid carcinoma (PTC), which accounts for 60–70% of all thyroid cancer cases (5). The onset and development of PTC are generally hidden. Most patients have no obvious symptoms or signs in early stage, and it can only be detected by physical examination (6). Patients have obvious symptoms in advanced stage due to excessive tumor growth, local invasion or distant metastasis (6). However, the use of traditional treatments is limited for patients in advanced stages, which contributes to the poor prognosis of PTC. Therefore, exploring the underlying mechanism of PTC development and finding evidence for molecular targeted therapy have always been urgent problems.

Although the pathogenesis of thyroid cancer is not fully understood, it is generally considered to be the interaction between innate genes and acquired environment (7,8). Researchers have discovered many genetic factors involved in the onset of this disease. As a single-chain, highly conserved, non-coding small RNA, microRNA (miRNA) is closely related to human diseases including tumors (9). MiRNAs were originally thought to be a negative regulator and play an important role in regulating gene expression. MiRNAs mainly bind to regions within the 3’UTR of the target messenger RNA in a sequence-complementary manner to exert their effects (9). However, recent research data suggested that miRNA regulation has a more complex post-transcriptional control system than the originally recognized theory (9). Studies have confirmed that the development of tumors was related to the dysregulation of miRNAs (10). The abnormal expressions of miRNAs have been proven to be involved in the process of tumor differentiation, proliferation, and apoptosis. Recent studies have reported that miRNAs could serve as supplementary therapeutic targets for thyroid tumors (11), suggesting that the functions of these small non-coding RNAs are worthy to be explored.

MiR-643 is a member of a family of miRNA precursors firstly found in mammals (12). A study has shown that miR-643 was associated with pancreatic cancer development (13). However, the role and mechanism of miR-643 in PTC are not clear yet. This study was carried out in the following aspects: (I) comparing miR-643 expressions in PTC tissues and matched paracancerous tissues; (II) predicting and verifying the target gene of miR-643; (III) exploring the biological function of miR-643 in PTC development. The purpose of this study is to explore a new theoretical target for PTC treatment.

Methods

Source of materials used in this study

Human PTC cell lines TPC-1 (Lot number: CS137-0022), K1 (Lot number: CS137-0015), BCPAP (Lot number: CS137-0011), GLAG-66 (Lot number: CS137-0016), KTC-3 (Lot number: CS137-0026) and human thyroid normal cells Nthy-ori 3-1 (Lot number: CS137-0005) were purchased from the Cell Resource Center of Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences. Dulbecco’s Modified Eagle’s medium (DMEM, Lot number: Z1800-22) and real-time quantitative PCR (qRT-PCR) MIX (Lot number: U1805-39) were purchased from Shanghai Jietai Biotechnology Company. Total RNA Isolation (TRIZOL) kit (Lot number: 201807038), Lipofectamine 2000 reagent (Lot number: L18-3411-0001) and annexin V fluorescein isothiocyanate (FITC)/
propidium iodide (PI) apoptosis assay kit (Lot number: X18-0144-0300) were purchased from Invitrogen, USA. Cell culture flasks, dimethyl sulfoxide (DMSO, Lot number: 2018012307) and radio-immunoprecipitation assay (RIPA) lysates (Lot number: 2018021417) were purchased from Wuhan Huamei Bioengineering Co., Ltd. Fetal bovine serum (Lot number: B18-1185) was purchased from Beijing AoKe Biotechnology Co., Ltd. Primer synthesis was provided by Beijing Qingke New Industry Biotechnology Co., Ltd. antigen KI67 (ki-67, rabbit monoclonal, 1:2,000; Lot number: Ab18-1506-021), BCL2-associated X protein (Bax, rabbit monoclonal, 1:3,000; Lot number: Ab18-8732-093), caspase-3 (rabbit monoclonal, 1:2,000; Lot number: Ab18-6629-008), CYP11B1 (rabbit monoclonal, 1:1,000; Lot number: Ab18-7836-106) and glyceraldehyde-3-phosphate dehydrogenase (GAPDH, rabbit monoclonal, 1:4,000; Lot number: Ab18-0132-342) primary antibodies and secondary antibodies (anti-rabbit, 1:3,000; Lot number: Ab18-4396-881) were purchased from Abcam, UK. The RNA extraction kit (Lot number: 0181004) was purchased from Bioteke, China.

**Collection of PTC tissues, adjacent non-tumor tissues, and fast blood samples**

PTC was diagnosed by intraoperative pathological biopsy. Forty-two paired human PTC tissue specimens and adjacent normal thyroid tissue specimens (at least 3 cm far from the edge of the tumor tissue) were collected from September 2018 to April 2019. Fast blood samples were collected in the morning of surgery. All patients were diagnosed as PTC for the first time with no other tumor history and received no anti-tumor treatment before. The clinical specimens were provided by the Affiliated Kunshan Hospital of Jiangsu University. Informed consent was obtained from every patient in accordance with the Declaration of Helsinki. The study was approved by the Hospital Medical Ethics Committee. The ethical approval number is EA20180105.

**Cell culture and cell transfection**

TPC-1, K1, BCPAP, GLAG-66, KTC-3 and Nthy-ori 3-1 cell lines were cultured in DMEM medium supplemented with 10% fetal bovine serum. The culture conditions were 37 °C with 5% CO₂. Small interference RNAs (siRNAs) targeting miR-643 (si-miR-643) and si-CYP11B1 were obtained from GenePharma Co. Ltd. (Suzhou, China, Lot number: W-19-09602). Cells were divided into four groups: control group, empty group, si-miR-643 group, and si-miR-643 + si-CYP11B1 group. The transfection was performed using Lipofectamine 2000 according to the instruction.

**RNA extraction, reverse transcription and qRT-PCR**

Serum total RNA was extracted using the RNA extraction kit, then was transcribed into cDNA. The expressions of miR-643 and CYP11B1 were determined using qRT-PCR. The reaction system was as follows: 10 μL of SYBR® Premix, 1 μL of each of the upstream and downstream primers, 2 μL of the DNA template, and 6 μL of ddH₂O. After denaturation at 95 °C for 5 min, 42 cycles were carried out (circulation conditions: 95 °C for 30 s, 57 °C for 30 s, and 72 °C for 30 s). U6 and GAPDH were used as endogenous controls for miR-643 and CYP11B1, respectively. Primer sequences are as follows: miR-643 forward: 5’-TGCAGTCAGTGCAGGTAG-3’, reverse: 5’-GAACAGTTCTGCGTATCTC-3’; U6 forward: 5’-CTCGCTTCGGCCAGCACA-3’, reverse: 5’-AACGCTTCACGAATTTGCGT-3’; CYP11B1 forward: 5’-TACCCTTGAGACAAATCAGG-3’, reverse: 5’-GTTCGCACTAGGGGCTAAATCAGC-3’, GAPDH forward: 5’-CTCGCTTCGGCCAGCACA-3’, reverse: 5’-ATCGATTTGATCGAGGGT-3’. Relative quantification was performed using the 2^{ΔΔCt} method. All tests were performed in triplicate.

**Western blot (WB) assay**

Cellular proteins were extracted using RIPA lysis buffer and protein concentration was measured using the BCA kit. After isolating the protein on a 10% SDS gel, proteins were transferred to PVDF membranes and were incubated with CYP11B1, ki-67, Bax, caspase-3, or GAPDH primary antibodies overnight at 4 °C. Then the membranes were incubated with the secondary antibody for another 2 h at room temperature. Protein expression levels were finally qualified using enhanced chemiluminescence (ECL) reagents.

**Cell counting kit-8 (CCK-8) assay for cell proliferation**

When the PTC cell confluence reached about 80%, the cells were washed twice in PBS and digested with 0.25% trypsin to form a single cell suspension. The cells in the suspension were counted, and 3×10⁵–6×10⁶ cells were seeded...
in 96-well plates (200 μL/well), and the corresponding plasmids were transfected and placed at 37 °C with 5% CO₂. The culture is carried out in a saturated humidity incubator. The plates were taken at different time periods (0, 24, 48 and 72 h), and 10 μL of CCK-8 solution was added to each well and cultured for 2 h. The optical density (OD) value at a wavelength of 570 nm was measured using an enzyme-linked immunosorbent assay. All tests were performed in triplicate.

**Colony formation assay**

Stably transfected PTC cells were seeded in 6-well plates (500 cells/well) and cultured in an incubator with 5% CO₂ at 37 °C for about 2 weeks. When clear colonies formed, the cells were washed with PBS and fixed by 70% ethanol for 3 min. Then, the plates were stained with 1% crystal violet for 30 min. The number of colonies was counted.

**Flow cytometry for apoptosis**

Each group of cells was digested with trypsin to prepare a single cell suspension. After mixed with 5 μL of annexin V-FITC fluorescent dye, it was incubated for 15 min at room temperature. Then, 5 μL of PI fluorescent dye was added, and the apoptosis of each group was observed at 488 nm.

**Dual-luciferase reporter gene assay**

MiR-643 mimics (5’-UUAAUCACUUGAUACUGA-3’
 and CYP11B1 3’UTR (upstream: 5’-GCCATCGAGCTCACGGCTA-3’; downstream: 5’-GAGCTCCGAGATCCTAGACAT-3’) were transferred to the pmiR-RB-Report™ reporter gene (Beijing Huaketai Biotechnology Co., Ltd.). Luciferase reporter plasmids (CYP11B1 wild type and mutant) were co-transfected into PTC cells with miR-643, respectively. The luciferase activity was detected by a luciferase reporter assay kit. All tests were performed in triplicate.

**Statistical analysis**

Statistical analysis and charting were performed using SPSS 20.0 and GraphPad Prism 5.0 software. The comparison between the count data groups was performed using χ² test. Measurement data are expressed as mean ± standard deviation. Correlation analysis was performed using the Pearson method. Comparison between groups was performed by F test or t-test. P<0.05 was considered as statistically significant.

**Results**

**MiR-643 expression in PTC tissue was significantly higher than that in adjacent non-tumor tissue and was positively correlated with serum miR-643 levels**

Forty-two patients consisting of 13 male and 29 female were included in our study. PTC tissues, adjacent non-tumor tissues, and corresponding serum samples were collected, and expression levels of miR-643 were detected by qRT-PCR. The melting peaks of miR-643 (Figure 1A) and U6 (Figure 1B) were single, indicating that the primers did not form primer dimers and there was no non-specific amplification. For PTC tissue, adjacent non-tumor tissue, and corresponding serum samples, miR-643 expression levels were 5.95±0.78, 3.37±0.59 and 4.47±1.03, respectively. Compared with adjacent non-tumor tissue, miR-643 expression level in PTC tissue was significantly up-regulated (P=0.019, Figure 1C). Pearson correlation analysis showed that miR-643 level in serum was significantly correlated with that in PTC tissue (rPearson =0.546, P<0.001, Figure 1D), but had no association with that in adjacent non-tumor tissue (rPearson =−0.075, P=0.635, Figure 1E).

**MiR-643 expression in both PTC tissue and serum were significantly associated with tumor size and histological grading**

We further explored the relationships between miR-643 expression levels and patients’ clinical pathological characteristics (Table 1). We found that miR-643 expression levels had no significant associations with gender, age, smoking, and drinking (all P>0.05). However, miR-643 expression levels in both PTC tissue and serum were significantly associated with tumor size and histological grading (P<0.05). Patients with larger diameter tumors or with moderate–poor differentiated were likely to have higher miR-643 expression levels in both PTC tissue and serum.

**Cell line screening and validation of miR-643 transfection**

As shown in Figure 2A, miR-643 expression was significantly increased in TPC-1, K1, BCPAP, GLAG-66, and KTC-3 cell lines compared to that in Nthy-ori 3-1 cell.
Figure 1 MiR-643 expression in papillary thyroid carcinoma (PTC) tissue, non-tumor tissue, and serum. (A) The melting peak of miR-643; (B) the melting peak of U6; (C) miR-643 expression level in PTC tissue was significantly higher than that in adjacent non-tumor tissue; (D) miR-643 level in PTC tissue was significantly correlated with that in serum; (E) miR-643 level in adjacent non-tumor tissue was not correlated with serum.

Table 1 Relationships between miR-643 expression and patients' clinical pathological characteristics (data are presented as mean ± standard deviation)

| Clinical pathological characteristics | n | PTC tissue | | Serum |
|-------------------------------------|---|------------|------------|
|                                     |   | miR-643    | t           | P        | miR-643    | t           | P        |
| Gender                              |   |            |            |          |            |            |
| Male                                | 13| 5.87±0.73  | -0.637     | 0.520    | 4.43±0.92  |              |          |
| Female                              | 29| 5.99±0.80  |            |          | 4.49±0.95  |              |          |
| Age, years                          |   |            | 0.513      | 0.604    | 0.835      | 0.356      |          |
| ≤40                                 | 24| 5.98±0.77  |            |          | 4.52±0.96  |            |          |
| >40                                 | 18| 5.91±0.75  |            |          | 4.40±0.88  |            |          |
| Smoking                             |   |            | -0.454     | 0.399    | 0.967      | 0.235      |          |
| Yes                                 | 15| 5.90±0.68  |            |          | 4.55±1.01  |            |          |
| No                                  | 27| 5.98±0.72  |            |          | 4.42±0.93  |            |          |
| Drinking                            |   |            | -1.732     | 0.141    | 0.122      | 0.857      |          |
| Yes                                 | 22| 5.88±0.74  |            |          | 4.49±0.98  |            |          |
| No                                  | 20| 6.03±0.79  |            |          | 4.45±1.04  |            |          |
| Tumor size, cm                     |   |            | -4.045     | <0.001   | -4.764     | <0.001     |          |
| ≤2                                  | 26| 5.45±0.71  |            |          | 3.92±0.85  |            |          |
| >2                                  | 16| 6.77±0.80  |            |          | 5.36±1.10  |            |          |
| Histological grading               |   |            | -3.409     | <0.001   | -2.923     | 0.002      |          |
| Well differentiation                | 28| 5.59±0.64  |            |          | 4.22±0.93  |            |          |
| Moderate–poor differentiation       | 14| 6.68±0.77  |            |          | 4.96±0.98  |            |          |

PTC, papillary thyroid carcinoma.
line. Since miR-643 expressed most highly in TPC-1 cell line, this cell line was selected for subsequent transfection experiments. The validation of si-miR-643 transfection was shown in Figure 2B. There was significant difference in miR-643 expressions among control group, empty group, and si-miR-643 group (P=0.003). Compared with the control group and empty group, miR-643 expression was significantly decreased after transfection (all P<0.05), but there was no significant difference in miR-643 expressions between the control group and empty group (P>0.05).

Prediction and verification of the targeting relationship between miR-643 and CYP11B1

Online bioinformatics prediction software Targetsca was used to predict miR-643 downstream targets, and CYP11B1 was considered to be an important downstream target of miR-643 (Figure 3A). Luciferase reporter gene assay showed that the luciferase activity of the miR-643 positive group was significantly lower than that of the negative control group in the CYP11B1 wild type cells (P<0.05), but there was no significant difference in the CYP11B1 mutant cells (P>0.05, Figure 3B). The results of WB and qRT-PCR showed that the protein and mRNA levels of CYP11B1 in si-miR-643 group were significantly higher than those in the empty group and the control group, as shown in Figure 3C,D,E. The melting peaks of CYP11B1 and GAPDH were single (Figure 3F), indicating that the primers did not form primer dimers and there was no non-specific amplification.

MiRNA-643 promoted proliferation and inhibited apoptosis of PTC by down-regulating CYP11B1

The effect of miR-643 on apoptosis of TPC-1 cells was shown in Figure 4A,B. The difference in apoptosis rates among the control group, empty group, si-miR-643 group, and si-miR-643 + si-CYP11B1 group was statistically significant (P<0.05). Compared with the control group and empty group, the apoptosis of the si-miR-643 group was significantly increased (P<0.05), while there was no significant difference in the apoptosis rates between empty group and the normal growth group (P>0.05). Moreover, restoration experiments clarified that CYP11B1 knockdown markedly reversed si-miR-643 induced apoptosis. The effect of miR-643 on the proliferation of TPC-1 cells was shown in Figure 4C. There was no significant difference in cell proliferation between the control group, empty group and si-miR-643 group at 0 h (P>0.05). However, compared with the control group and empty group, the proliferation of cells in si-miR-643 group was significantly inhibited at 24, 48 and 72 h (P<0.05), while there was no significant difference in cell proliferation between the control group and empty group (P>0.05). Moreover, restoration experiments clarified that CYP11B1 knockdown markedly reversed si-miR-643 induced anti-proliferation. The above results were further verified by the colony formation experiment (Figure 5A,B). Results of WB showed that siRNA-mediated miR-643 silence induced a notable reduction of ki-67 expression and a dramatic elevation of CYP11B1, Bax and caspase-3 expressions in TPC-1 cells in comparison with that in the
control group and empty group. Restoration experiments clarified that CYP11B1 knockdown markedly reversed the above phenomenon (Figure 5C,D,E,F,G). These data indicated that miR-643 affected proliferation and apoptosis of TPC-1 cells partly through regulating CYP11B1.

**Discussion**

Thyroid cancer is one of the most common malignant tumors of endocrine system, while PTC is the most common type of thyroid cancer and can occur at any age (1). It is more common in children and young (under 40 years old) women, especially people who had neck X-ray treatment during childhood (14,15). The tumor grows slowly and has no significant symptoms for several years (16) even if the lesion has spread from the primary part of the gland to the other parts of the gland or the cervical lymph nodes (17), so it is easy to ignore its nature. The incidence of PTC is increasing year by year. The conventional treatments of PTC are divided into surgical treatment, \[^{131}I\] internal...
Figure 4 MiRNA-643 promotes proliferation and inhibits apoptosis of PTC by down-regulating CYP11B1: based on flow cytometry and CCK-8 assays. (A,B) Compared with the control group and empty group, the apoptotic ability of the si-miR-643 group was significantly increased (P<0.05), but there was no significant difference in the apoptosis ability between the empty group and the normal growth group (P>0.05); (C) at 24, 48 and 72 h, the proliferation of si-miR-643 group was significantly inhibited compared with the control group and empty group (P<0.05). *, compared with si-miR-643 group, P<0.05. PTC, papillary thyroid carcinoma; CYP11B1, cytochrome P450 family member 11b1; FITC, fluorescein isothiocyanate.

MiRNA plays an important role in the development of various tumors and has become a research hotspot and key point in molecular biology in recent years (19). MiRNA mainly plays the role of mRNA silence, and thereby regulates the expression of target protein, producing a series of molecular biological effects (20). A single miRNA can
regulate a large number of target mRNAs (20). At present, there is no report on miR-643 and PTC. The current study showed that compared with healthy subjects, the expression of miR-643 in PTC patients’ cancer tissues was significantly higher than that in adjacent tissues, and serum miR-643 level was highly correlated with that in cancer tissues, suggesting that we can monitor the PTC well by detecting serum miR-643. In addition, miR-643 levels in serum and cancer tissues were both significantly associated with tumor size and histological grading, suggesting that miR-643 dysregulation is closely associated with PTC tumor progression. At cellular level, we found that down-regulation of miR-643 inhibited TPC-1 cell proliferation and promoted apoptosis in TPC-1 cells. We predicted the

Figure 5 MiRNA-643 promotes proliferation and inhibits apoptosis of PTC by down-regulating CYP11B1: based on colony formation and Western blot assays. (A,B) The proliferation of si-miR-643 group was significantly inhibited compared with the control group and empty group by colony formation experiment (magnification 40×); (C,D,E,F,G) siRNA-mediated miR-643 silencing induced a notable reduction of ki-67 expression and a dramatic elevation of CYP11B1, Bax and caspase-3 in TPC-1 cells in comparison with that in the control group and empty group. However, restoration experiments clarified that CYP11B1 knockdown markedly reversed the above phenomenon. *, compared with si-miR-643 group, P<0.05. CYP11B1, cytochrome P450 family member 11b1; PTC, papillary thyroid carcinoma.

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miR-643 target gene by bioinformatics software for the first time. The results of Targetscan and dual-luciferase reporter assays showed that miR-643 could directly target the 3’ non-coding region of CYP11B1 mRNA, thereby inhibiting the expression of CYP11B1. As a tumor suppressor gene, CYP11B1 has been shown to inhibit cancer cell proliferation and promote apoptosis in various solid tumors such as kidney cancer, lung cancer, colorectal cancer, prostate cancer and liver cancer (21,22). In this study, we found that CYP11B1 is a direct target of miR-643, suggesting that in-depth study of the role and mechanism of CYP11B1 in PTC development may provide a new target for PTC therapy.

It is worth noting that this study still has the following shortcomings: (I) the number of PTC patients included in this study is still limited and the patients are only one hospital, which may cause certain bias to the results. Therefore, further multi-center and large-sample prospective cohort studies are highlighted; (II) this study is pending development of PTC animal models to explore a more in-depth exploration of the value of miR-643 in vivo.

Conclusions

Our results indicate that miR-643 can promote TPC-1 cell proliferation and inhibit its apoptosis, and its mechanism is closely related to the regulation of the target gene CYP11B1.

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Footnote

Conflicts of Interest: Both authors have completed the ICMJE uniform disclosure form (available at http://dx.doi.org/10.21037/tcr.2020.01.43). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was approved by the Hospital Medical Ethics Committee (No. EA20180105). Informed consent was obtained from every patient in accordance with the Declaration of Helsinki (as revised in 2013).

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