

Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------------------|---------|--|-------------------------------------|-------------------------------|
| TITLE | | | | |
| Title | 1 | Identify the report as a Narrative Review of ... | 1 (1-2) | NA (This is title) |
| ABSTRACT | | | | |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | 2 (26-46) | 1 |
| INTRODUCTION | | | | |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | 3 (48-59) | 1 |
| Objectives | 4 | Specify the key question(s) identified for the review topic. | 3 (60-74) | 2,3 |
| METHODS | | | | |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | 6 (116-124) | 1 |
| DISCUSSION/SUMMARY | | | | |
| Narrative | 6 | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | 6 (134-333) | 1 |
| Summary | 7 | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | 15 (335-346) | 1 |

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.